ØRSTED Great Grimsby 10k £25 affiliated; £27 unaffiliated (non-club member) cash only

Entry on the day Great Grimsby Town Hall From 0730am

ENTRY FORM (PLEASE COMPLETE IN BLOCK CAPITALS) Anticipated finish time (please tick) Wave 1 Quicker than 55 minutes [] Wave 2 Slower than 55 minutes [] D.O.B..... (Must be 15yrs of age or over) Age on race day...... Gender (Circle) M /F..... Tel Number: E mail..... Address.....Postcode..... Club (if affiliated to one) **DECLARATION** I am medically and physically fit to run and understand I enter at my own risk. The organisers will not be held liable for any injury, loss or illness however occasioned from the event Signature/PARENT GUARDIAN.....

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If you wish to receive details of other events by email please tick this box []

Date.....